





REACHING OUT TO US MEANS THAT WE CAN DO THIS TOGETHER.



## THANK YOU.

VOLUNTEERS, SUPPORTERS, STAFF AND OLDER PEOPLE. *THANK YOU*.



## YOU DON'T HAVE TO DO THIS ALONE.

CALL US ON **0818 222 024**. WE'D LOVE TO HEAR FROM YOU.



YOU'RE NOT ALONE

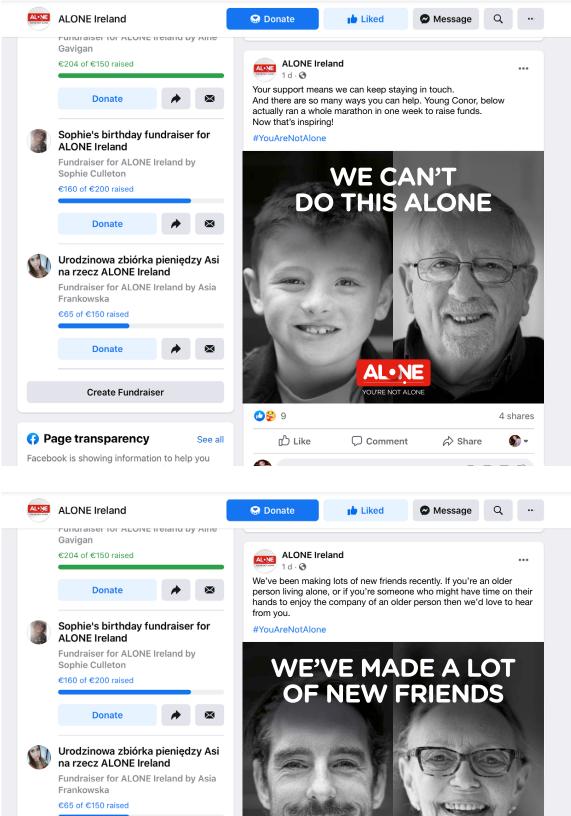
## WE CAN'T DO THIS ALONE.



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**AL.NE** 

YOU'RE NOT ALONE





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